

# STOTT PILATES® 2012 European Symposium registration form



To register, please complete and follow the steps on this form and fax to: 00 (+1) 416-482-2742. Attn. Full Solutions™

## STEP 1

### SELECT REGISTRATION PACKAGE\*:

Early Bird registration Dec 15, 2011 to Feb 15, 2012  
Regular registration Feb 15 to March 31, 2012  
Late and onsite registration April 1 to Apr 20, 2012

STOTT PILATES® CERTIFIED	EARLY BIRD	REGULAR	LATE/ONSITE
<input type="radio"/> Pre Con	\$240	\$270	\$300
<input type="radio"/> One Day (Sat or Sun)	\$320	\$360	\$400
<input type="radio"/> Two Day (Sat & Sun)	\$580	\$650	\$720
<input type="radio"/> Three Day	\$710	\$800	\$880

  

NON STOTT PILATES® CERTIFIED	EARLY BIRD	REGULAR	LATE/ONSITE
<input type="radio"/> Pre Con	\$270	\$300	\$330
<input type="radio"/> One Day (Sat or Sun)	\$360	\$400	\$440
<input type="radio"/> Two Day (Sat & Sun)	\$650	\$720	\$800
<input type="radio"/> Three Day	\$800	\$880	\$970

\*Prices are shown in \$USD and are subject to a 19% VAT charge. All transactions will be billed to your credit card in USD.

## STEP 2

### BOXED LUNCH, \$16/DAY†:

**Includes:** Turkey or Veggie sandwich, whole fruit, mineral water and actimel drink.  
You will be billed and additional \$16/day at time of enrollment if lunch box option is selected.

<input type="radio"/> Saturday, April 21 – Veggie	<input type="radio"/> Saturday, April 21 – Turkey
<input type="radio"/> Sunday, April 22 – Veggie	<input type="radio"/> Sunday, April 22 – Turkey

† Prices are shown in \$USD. All transactions will be billed to your credit card in USD.

## STEP 3

### PROVIDE YOUR CONTACT INFORMATION:

Mr.  Mrs.  Miss  Ms.      First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Job Title: \_\_\_\_\_ Studio/Company Name: \_\_\_\_\_

Company Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State/Province: \_\_\_\_\_ Zip/Postal Code: \_\_\_\_\_

Country: \_\_\_\_\_ Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Email: \_\_\_\_\_ Website: \_\_\_\_\_

Are you a STOTT PILATES® Certified Instructor or Instructor Trainer?  Yes  No

Date Certified: \_\_\_\_\_ Location Certified: \_\_\_\_\_

If not, with what other organization(s) have you done training or certification? \_\_\_\_\_

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## STEP 4

### CHOOSE WORKSHOPS†:

Please choose workshops for the days you are registered.

NOTE: Space is limited, if your first choice is unavailable, you will be placed in the other session during that time.

Friday, April 20	Room A	Room B	Room C
1-7:30pm	<input type="radio"/> <input type="radio"/> Ultimate Back Care		<input type="radio"/> Postural Analysis & Application to Pilates Exercises
Saturday, April 21	Room A	Room B	Room C
8-10am	<input type="radio"/> <b>NEW</b> Mini Stability Ball™ Breathing	<input type="radio"/> Reformer & Fitness Circle®	<input type="radio"/> Lumbo-Pelvic Region: Stability & Function
10:30am-12:30pm	<input type="radio"/> Exploring the Arc Barrel	<input type="radio"/> <b>SOLD OUT</b> V2 Vinyasa on the V2 Max Plus™ Reformer*	<input type="radio"/> <b>NEW</b> Programming on the Tower Trainer™
<b>12:30-1:30pm</b>	<b>LUNCH**</b>	<b>LUNCH**</b>	<b>LUNCH**</b>
1:30-3:30pm	<input type="radio"/> <b>NEW</b> Pilates with the Medicine Ball	<input type="radio"/> Athletic Conditioning on the Cardio-Tramp™ Rebounder	<input type="radio"/> Anatomy Review
4-6pm	<input type="radio"/> <b>NEW</b> Power Flow with the Mini Stability Ball™	<input type="radio"/> Reformer for the Older Adult	<input type="radio"/> <b>NEW</b> Athletic Conditioning on the Tower Trainer
Sunday, April 22	Room A	Room B	Room C
8-10am	<input type="radio"/> <b>NEW</b> Big Blue Stability Cushion™	<input type="radio"/> Jumpboard Interval Training on the Cardio-Tramp Rebounder, Level 2	<input type="radio"/> Equipment Programming for Breast Cancer Rehab
10:30am-12:30pm	<input type="radio"/> <b>NEW</b> Medicine Ball High-Intensity Training	<input type="radio"/> Intro to Athletic Conditioning on the V2 Max Plus Reformer	<input type="radio"/> <b>NEW</b> Core Stability Barre™ Training, Level 1
<b>12:30-1:30pm</b>	<b>LUNCH**</b>	<b>LUNCH**</b>	<b>LUNCH**</b>
1:30-3:30pm	<input type="radio"/> <b>NEW</b> Matwork Strength & Mobility Training, Level 1	<input type="radio"/> <b>NEW</b> Reformer Platform Extender & Pole	<input type="radio"/> The Shoulder Girdle: Stability & Function
4-6pm	<input type="radio"/> Total Body Sculpting	<input type="radio"/> Jumpboard Strength & Conditioning	<input type="radio"/> <b>NEW</b> Core Stability Barre™ Training, Level 2

† All Workshops will be presented in English only. \*\* On your own / free time

Specialty Tracks:  Athletic Conditioning  Golf Conditioning  Post-Rehabilitation  Active for Life  Pre- and Post-Natal

## STEP 5

### REGISTRANT SURVEY:

Check all options that apply:

- I would like to receive programming updates and/or product info
  I would like to receive the monthly e-newsletters  
 I would enjoy more information about STOTT PILATES certification
  I have previously attended a STOTT PILATES symposium

How did you learn about this event?  Email  Website  Publication  Other Industry Event



**STEP 6**

**PROVIDE PAYMENT INFORMATION:**

All fields must be completed to confirm registration:

Payment Options (select one)     Mastercard     Visa

Card Holders Name: \_\_\_\_\_

Card Number: \_\_\_\_\_ Expiration Date: \_\_\_\_\_ Security Code: \_\_\_\_\_

**Refund Policy:**

If, for some reason, you won't be able to join us, please notify us in writing by April 1, 2012. Refund requests received by April 1, 2012 will be processed less a \$75 fee. No refunds will be made after April 1, 2012, or for no shows. Substitutions are welcome at any time. Please submit your refund request to Full Solutions™ symposium@merrithew.com or via fax at 00 (+1) 416-482-2742.

**STEP 7**

**CONFIRM & SUBMIT FORM:**

Merrithew Health & Fitness™ shall not be liable for any damages arising from any personal injuries sustained by a student on or about the premises of STOTT PILATES® Training Centers. All students are aware that they are using the said facility's equipment at their own risk. A student assumes full responsibility for any injuries or damages which may occur to him/her using said facilities and he/she does hereby fully and forever release and discharge the STOTT PILATES Training Center, its owners, employees and agents from any and all claims, demands, damages, rights of action, or causes of actions, present or future, whether the same be known or unknown, anticipated or unanticipated, resulting from or arising out of their use or intended use of the facility's equipment.

I warrant, represent and agree that I am in good physical condition and have no disability, impairment, or ailment preventing me from engaging in active or passive exercise, or that will be detrimental or inimical to my health, safety, comfort, or physical condition if I do so engage or participate. The STOTT PILATES Training Center shall not be liable for the loss or theft of, or damage to, the personal property of a student.

I agree to keep and obey all the rules and regulations now in force or prescribed by STOTT PILATES Training Center for the use of its facilities and equipment.

Signature \_\_\_\_\_ Date \_\_\_\_\_

**Special Assistance:**

We try to ensure our events are widely accessible, and we will do our best to make attending the Symposium as convenient as possible for all attendees.

Please check here if you require special assistance onsite and a representative will be in touch.

**To Register:**

Please scan and Email to symposium@merrithew.com  
or submit via Fax to Full Solutions™ 00 (+1) 416-482-2742

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